



Akitas Judo Clubs 秋柔 柔道 大思

Akitas Southend Judo Club (S0381), Southend Leisure and Towns Centre, Garon Park, Eastern Avenue SS7 4NP
Akitas Barling Magna Judo Club (S0651), Barling Magna Park (101), 452 Little Waresing Road, Parling Magna SS26 4NP
Akitas Rayleigh Judo Club (S0651), Rayleigh Leisure Centre, Priory Quase, off Rowett's Lane, Rayleigh SS6 9NP

sensei@akitasjudo.com www.akitasjudo.com

149 Parkanaur Avenue, Thorpe Bay, Essex SS1 3JD ☎07753 820 439



Newsletter: Issue 9, November 2009

tend!
All players under 12 - 12.00 until 13.30
All players over 12 (including seniors) - 13.30 until 15.00
The session is only £5, a great price for the opportunity!

Happy Birthday

Happy Birthday to the following members who have their birthdays in November:
Ty Burgess, Elliott Hardcastle, Reece Hardcastle, Benjamin Hutchins, Owen James and Sam Taylor

Website

Hopefully you have all seen and used the website by now, if not you really need to visit www.akitasjudo.com as soon as possible! We have a great site with so much detail it is unreal!
However, we're not content with what we have. We are now redeveloping the website to make it much more user friendly. To help us, please let us know if

there is anything you wish we had; email:
jason_hughes@btinternet.com
or sensei@akitasjudo.com or, of course, have a chat down the club!

Club Welfare Officers

We have discovered that we now have more Club Welfare Officers than any other club in the UK! We are 10000% committed to our junior members, if you need to talk to anyone about any issues please talk to anyone of our officers:

- Head & Rayleigh CWO:
Natasha Hughes
07817746013
Natasha_hughes@btinternet.com
- Deputy CWO for all clubs:
Rebecca Haylett
07767224405
bexs@akitasjudo.com
- Barling Magna CWO:
Caroline Newbold
01702217774
newbolds3@talktalk.net
- Southend CWO:
Mike Chapman
07760161605
Mike.chapman3@btinternet.com

be aware of are:
Grading is 10th January, the next Essex County training session is 30th January (as is the Akitas 'Christmas do!' - historically this has always been in January...) and we will be hosting a competition on the 6th February.



Christmas Closures

At present the club will only be closed:
24th, 25th, 26th and 31st December. We WILL be open Tuesday 29th December.

Where Now?!

We will now be publishing this newsletter once a month to keep you in touch with what's happening in and around the club.

All help is welcome, we are a CLUB and as such can only grow with support from our members!

See you at the clubs,
Bexs
Secretary, Akitas Judo Clubs



Akitas Judo Clubs 秋柔 柔道 大思

Akitas Southend Judo Club (S0381), Southend Leisure and Towns Centre, Garon Park, Eastern Avenue SS7 4NP
Akitas Barling Magna Judo Club (S0651), Barling Magna Park (101), 452 Little Waresing Road, Parling Magna SS26 4NP
Akitas Rayleigh Judo Club (S0651), Rayleigh Leisure Centre, Priory Quase, off Rowett's Lane, Rayleigh SS6 9NP

sensei@akitasjudo.com www.akitasjudo.com

149 Parkanaur Avenue, Thorpe Bay, Essex SS1 3JD ☎07753 820 439



Newsletter: Issue 9, November 2009

Welcome to the Official Akitas Judo Clubs Newsletter

Issue 9, November 2009



2010

The 2010 calendar is now ready and will be distributed at the club during December. Main dates to



Akitas Judo Clubs

Akitas Southend Judo Club (S0381), Southend Leisure and Towns Centre, Gates Park, Eastern Avenue S27 1NP
Akitas Barling Magna Judo Club (S0651), Barling Magna Parish Hall, 452 Little Waresing Road, Barling Magna S26 4NP
Akitas Rayleigh Judo Club (S0681), Rayleigh Leisure Centre, Priory Quaise, off Rowdetti Lane, Rayleigh S36 9NP

sensei@akitasjudo.com www.akitasjudo.com

149 Parkanaur Avenue, Thorpe Bay, Essex S51 3JD ☎07753 820 439

秋 柔
大 道
柔 道



Akitas Judo Clubs

Akitas Southend Judo Club (S0381), Southend Leisure and Towns Centre, Gates Park, Eastern Avenue S27 1NP
Akitas Barling Magna Judo Club (S0651), Barling Magna Parish Hall, 452 Little Waresing Road, Barling Magna S26 4NP
Akitas Rayleigh Judo Club (S0681), Rayleigh Leisure Centre, Priory Quaise, off Rowdetti Lane, Rayleigh S36 9NP

sensei@akitasjudo.com www.akitasjudo.com

149 Parkanaur Avenue, Thorpe Bay, Essex S51 3JD ☎07753 820 439

秋 柔
大 道
柔 道



Newsletter: Issue 9, November 2009

Newsletter: Issue 9, November 2009

Welcome to the latest newsletter! "Latest?!" you ask? "Issue 9?!" yes... It's been a bit of a wait (November 2005 to be exact), but the Akitas Judo Clubs newsletters are back!

So why has it been so long?! Those still with us and those who have checked the newsletters on the website will all know that Sensei Adam was the writer, and was swamped with Judo tasks even back then. So what's changed?!

Club Run

Dear all, As you will hopefully all know by now, Akitas Judo Clubs have moved into a new phase in the life of the club. We have now gone over to being a committee run club.

This will lead to several changes. Firstly, it will free Sensei Adam up to concentrate on the all important coaching side of things, whilst our committee can handle the myriad of administrative tasks that is the duty of any modern, forward thinking sporting club.

I personally find this a very exciting time. The committee that we now have in place, I believe, has the drive, dedication and skills to take us forward through the minefield of legislation and obligation that we need to adhere

to. We are also undertaking training courses to keep us up to date with everything we need to enable us to do this. This is a move that will take the club to the next level...

We have members responsible for welfare and child protection (a B.J.A. record of 4 welfare officers for one club!), merchandise, finance, social activities, dojo location, media liaison and web site management (How Adam and Bexs did this on their own I'll never know!).

So please keep your ears and eyes open for events and notifications, as I'm sure they will be coming thick and fast... If you have any comments or thoughts that you would like to share with us, please feel free to contact myself, Adam or Bexs as we value your input and we intend to be a very friendly and approachable club

Yours,
Richard Quinney
Chairman, Akitas Judo Clubs

I suppose we'd best also hear from...

Sensei Adam

Hi all, I would just like to thank everyone for all the support (past and present) that I have had in developing and moulding the club to my own design.

It's been necessary, but the size of the club now and the size we are aiming for means that things have needed to change; I want to concentrate on coaching, and I certainly do not want the club suffering when I do not have the time to spread myself as much as I have in the past.

We are in extremely exciting times, I urge you all to get involved if you can. Let's show what we can do!

Clubmark

Thanks, Sensei—we will! First things first, Clubmark. Clubmark is basically a kitemark for sports clubs. Judo tends to be at the front of the queue with these types of initiatives, and Clubmark has been around for a while.

Sensei Adam realised in April that we really ought to prove all the good things that we're doing. We will be submitting our portfolio 21st November 2009 for Bronze (Clubmark has three levels), and will be following this with a portfolio for Silver shortly after. We have much in place for Gold, so hopefully this time next year we'll be there.

If we achieve Bronze, we will be organising something. Please be excited about this, it is something that the club is hugely excited about and will only improve your experience!

Badge Day

The Badge Day on 14th November was our biggest ever—well done to all that attended! A full write up is available on the website, but highlights include: *Tasmin Hughes* and *Zachary Hughes* achieving the 20 technique badges, *Michael Eyres* and *Steven Eyres* achieving their Academic Achiever badges, and a large number of students achieving their Exceptional Attendance badges, including: *Joshua Everett*, *Emma Frencs*, *Brandon Jillins*, *Daniel Jillins*, *Larissa Kenny*, *Rhiannon Kenny*, *Charlotte Newbold*, *Michael Teare* and *Scarlett Wood*.



Christmas Party

We will be holding our first ever Junior Christmas Party on 4th December at our Barling Magna club. Ask me (Bexs) at the club for details! Please try and get there, it's free!

Quiz Night

After the Junior Christmas Party we will be having a Quiz Night at the same location—a fundraising activity for only £5, please come along for a fantastic evening!

School Link

We have the mats on the way, and will be running sessions as soon as they arrive at Shoeburyness High School. Through 'Extended Schools' this means we will also be working with their 'feeder' Primary Schools, Richmond, Friars, Thorpedene and Hinguar.

This is the first of our official School links, and we intend to work on more in the future!

NHC Junior Open

The most recent competition attended by Akitas was the NHC Junior Open. The biggest event to be attended by all, *Zachary Hughes*, *George Goulding* and *Chris Chapman* all fought valiantly but still left empty-handed. *Joe Goulding* took an impressive Bronze (only losing to the Gold Medallist), and

Charlotte Newbold brought home a magnificent Silver!



Dave Southby Visit

Dave Southby will be visiting our Rayleigh club on Saturday 21st November. He will be running a session for 12-19 year olds from 11am. Sensei Southby has a Gold Commonwealth Medal to his name, this session is a must for those in the correct age bracket!

Essex Training Session

Akitas are devoted to Essex County Judo, and as many of you as possible should be trying to at-