



BJA Registered Club

Akitas Judo Club

Southend Leisure & Tennis Centre, Garon Park, Eastern Avenue, Southend-on-Sea, Essex SS2 4FA
and

Barling Magna Parish Hall, 432 Little Waking Road, Barling Magna, Southend-On-Sea, Essex SS3 0LN

sensei@akitasjudo.com www.akitasjudo.com

Newsletter: Issue 7. October 2005

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Welcome to the Official *Akitas Judo Club* Newsletter Issue 7, October 2005



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Welcome to the seventh Akitas Judo Club Newsletter! And a massive welcome to the new members this month; particularly those at our new night in Barling Magna!

Barling Magna

As promised, Shacho opened the first night on 16th September. And a full night it was too – so a massive thanks to all those who attended the opening, including those members from the Kamiko clubs.

The hall looks like it could be an excellent venue for us, with the hall's representatives helping us and generally being as accommodating as they possibly can be (in stark contrast to our other night!). The wooden floor certainly ensures that every throw is heard by the local neighbourhood!

The night certainly needs as many members as we can get – so once again a plea from the club for you to try and entice as many people as you possibly can! Parents! This includes you! The Senior Mat on both evenings is looking good, and we are all a friendly bunch!

Wickford Carnival

Unfortunately, not the high turnout that we had hoped for – but this ended up a blessing in disguise as the float never arrived! However, the display has been raved about and should bring quite a few members into Judo. Problem being that this will help out Wickford Ryu even more than it does us; let's hope it's appreciated!

The club will be included in the Southend, Ashingdon and possibly Great Wakering carnivals next year, so we will have more time to organise these events – and the Sensei's of both Akitas and Kamiko should be able to avoid being at weddings!

The whole thing couldn't have gone ahead if it wasn't for the sterling work from Lee and Victoria Ellis (welcomed back onto the mat recently), and of course for the attendees including our new Kaeshi Kata specialists Andrew James and Lee Ellis, and Paul Pasifull.



Andrew James throwing Paul Pasifull in the warm up before the display (above) and Paul getting his own back (below)



Harai Goshi from Andrew (above), and the counter to Uchi Mata (below) by Lee Ellis (note both feet off the ground!).



Weekender

It has to be said, the Weekender was an extremely entertaining time. With parents and 'Judo Widow's also being involved, everyone I have spoken to had a smashing time. From the extra-hard warm up for the senior mat to the beach football (with the tide coming in – you can imagine the throws!), it really was a great social occasion.

You'll be pleased to know that myself and Lee Ellis demonstrated great strength and agility and scoring prowess in the beach football on behalf of the Akitas clubs! And the



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throws that we pulled off in the Sea weren't half bad either!

As advertised, the weekender also included the Merit Badge Award Scheme, with members from Akitas, Kamiko, Phoenix Falcon and others all attending. Of particular interest was the higher grades taking part in this, with a 1st Dan from Norwich taking his first ever badge, demonstrating the high standard of this badge scheme.

So, on to the Akitas members that were awarded badges:

My eldest son, Benjamin Hutchins, took his first badges to become one of the youngest (if not THE youngest) Judoki ever to take a badge, being awarded his Gyaku Ukemi and De Ashi Barai badges. Leanne Stockwell become the Akitas member with the largest badge tally by adding her Jigari Ukemi and Uchi Mata badges.

Lee Ellis took the plunge at brown belt to start on the long hard trek to obtain the badges by taking his Jigari Ukemi and Uchi Mata badges.

Paul Pasifull showed that the scheme isn't just for Kyu grades by taking his Jigari Ukemi and 1st Set of Nage No Kata badges.

A massive well done to you all, you're doing the club proud! More on the next Merit Badge Award Scheme day which will be held on Saturday 1st October later on in this newsletter...

Akitas also had a hand in the fancy dress evening party – with Benjamin Hutchins winning 3rd prize in the youngest section as Darth Vader, and myself putting my black and red Gi to good use to share first place in the adults category as Darth Maul. Lee Ellis and Leanne Stockwell also got into the swing of things, going as Judo Siamese Twins, and my wife, Sally Hutchins, went as an old witch.

Squad Training

The official first Squad Training Day will be this weekend (Saturday 24th September) at Burnham Ramblers. This event will be opened and taken by Shacho, so another opportunity to soak up as much as we can before he returns to Spain. The cost of this will be £6 for Kanos and Juniors, £10 for Seniors. However, you will also have the £6 signing on fee if you haven't already paid this. This membership fee will last you 6 months, which, among other things, pays for your Squad Page:



and the squad badges which are currently in production. Don't forget that the Squad Page can also be obtained for the £6 per 6 months for those of you who wish to have a Judo webpage, which has your grades and medals updated as you obtain them. Above is a Kamiko page, go to:

akitasjudo.com/squad/lee_ellis
for a peek at an Akitas page.

Remember! The Squad is for those who wish to progress their fighting abilities, and therefore their Judo as a whole. It is NOT just for those who are currently 'top fighters'. Get to the Squad Training and you could be made into a 'Top Fighter' yourself...

Membership to the squad also entitles you to subsidised events, which brings me on nicely to:

Shacho Training Course

On Sunday 25th September, part of a 'double header' with the Squad Training, Shacho will be running a training course in the Gym at Shoeburyness High School.

This course is the important one to attend if you have only have the opportunity to catch Shacho at one event, and will be from 10am until 4pm. Expect to learn an incredible amount, to a very, very high standard. It will be a great chance to catch techniques that may be missed at club nights, and so everyone is urged to attend if at all possible.

The cost of this course is £10 for Juniors, £20 for Seniors. However! All squad members enter at half price, so the whole weekend would still be quite affordable!

Embroidery!

The club can now have clubs Embroidered, with names on the 'skirt' of the jacket for £10, and the Japanese Script for 'Akitas Judo' :



at only £15 per suit (£12.50 for Gi sizes 140 and below).
The standard is on show at the club.



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NurseryRhymeTimes

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New Members

As usual, a warm welcome to all that have started at the club this month. We hope that you all have enjoyed your time with us so far, and look forward to having you here for a long time to come!

And once again! Bring in as many friends (or foes!) to the club as possible! It really does help you if you can partner people of your own age, size, and sex. It also helps if you can try your techniques against other people, rather than the same person all the time – so bring them in!

Still waiting to hear what's happening with Nestle, once I hear anything I will let you know!

Gradings

Get yourselves ready! October is a month for gradings! The 16th of October is the time for all theory gradings, mon gradings below 6th Mon, and for all Kano grades. This will be held at Burnham Ramblers; the next grading after this will probably done this way – if we get a big enough turnout at this grading. The 30th is for you lucky ones needing to fight!

Tara.

And so to the end of another newsletter, any comments please do not be hesitate to contact me by email sensei@akitasjudo.com, mobile (text's are fine!) 0775 382 0439, or at home on 01702 296292.

And please do get in touch! We need to know what you think so that we can make improvements, and once again – the forum (can be found at on the homepage:

akitasjudo.com)

- it is and excellent place to meet other Judoki, as well as let us know how you feel!

Yours In Judo,

Adam Hutchins
2nd Dan
Sensei, Akitas
Judo Club

Email

Along with the advertised email address sale (£5 per year per mailbox (akitasjudo.com, or akitasjudo.co.uk), £2.50 if you also have signed and paid up for the webpage-Judo-CV); it is often easier to drop an email to you to let you know of upcoming events and internet updates. Please email me at sensei@akitasjudo.com if you have not already given me your email address! I will also endeavour to send PDF's of this very newsletter in the future if I have your email address – to help save the club valuable expense in the form of postage.

Judo Suits for Sale

The club can provide all your Judogi's at low cost. Our basic range is ideal for beginners. These bleached whites are:

110's = £19	160's = £26
120's = £19	170's = £27
130's = £20	180's = £28
140's = £22	190's = £30
150's = £23	200's = £31

We can also provide the cheaper unbleached gi's, student blue, student black, Blue/White Reversibles, Black/White Reversibles, 'White Gold' all the way to Olympic quality single colour (blue or white) Judogi's

– please ask for prices.

Remember though! We need at least three orders to avoid Postage & Packing charges!

Cheques made payable to 'Akitas Judo Club'