



Akitas Judo Clubs

Akitas Southend Judo Club (S0381), Southend Leisure and Towns Centre, Gates Park, Eastern Avenue S37 4NP
Akitas Parling Meane Judo Club (S0651), Parling Meane Park (101), 452 Little Waresing Road, Parling Meane S26 0LN
Akitas Rayleigh Judo Club (S0681), Rayleigh Leisure Centre, Priory Quase, off Rowett's Lane, Rayleigh S26 9NP
sensei@akitasjudo.com www.akitasjudo.com



149 Parkanaur Avenue, Thorpe Bay, Essex S51 3JD ☎07753 820 439

Newsletter: Issue 13, March 2010

you need a new copy, please just ask and we will insure that you are provided one.

Birthdays

Our March birthdays are: Ty Church, Joshua Coverly, Steven Eyres, Max Friend, Andrew James, Steve Martin, Lily Orr, Christopher Peng, Graham Sheern & Ellena Susans! Happy Birthday from all at Akitas!

Births

It seems that we have had a few future Akitas born in the last couple of months, our heartfelt congratulations to Emma & Martin Wood and Anthony & Verity Gooding on the additions to their families!

Essex County Training

We host the next County Training Session on March 27th, after our normal sessions. The idea of these sessions is to improve all players in Essex, from those starting their journey to those who have should be tired and weary by now! Full support at this event, please!

This Month

Advertising for our events is everywhere, but we still have members that are not sure what's going on—please let us know so we can rectify this situation! Dates for March are:
6th—Akitas Badge Day
13th—Self-Defence Principals Workshop
20th—British Schools
21st—NHC mini Teams at High Wycombe (lets push for this one!).
27th—Essex County Training Session, Akitas Rayleigh
28th—Dan Grading, Budokwai
We try to keep everything up-to-date, but as it's not always possible, please do not hesitate to ask at the club or contact me at bexs@akitasjudo.com or call 07767224405.

Sensei's Section

Keep it up! We have had an incredible couple of months, and I believe we can continue everything to the next stage. I continue to be impressed with everyone's effort on and off the mat and every month have increased expectations of the club.

I was relieved of the refereeing at the Kosen Shiai which meant that I was able to coach some of you

properly—however, Bexs and I are still overwhelmed with work for the club, so as she asked—please help and volunteer your services; everyone has something to offer!
It's been extremely pleasing that everyone has helped out during a difficult month, and my thanks to all those that have ensured that the club has gone ahead during any of my absences.
Well done to Adam Somerset-Butler, Chris Chapman, Joseph Goulding and of course Bexs who entered their first Dan promotions earlier this month. An important step in the right direction, points are expected at the next event!
Good luck to Bexs during March as well (not just for putting up with me!), as she starts her UKCC Level 2 course. This qualification will practically make her a professional coach, and we look forward to learning from her as her coaching skills improve.

Akitas Southend

On April 1st, we will be changing our times to:
7.15pm-7.30pm—Uchi-komi
7.30pm-8.30pm—12-19 years
8.30pm-8.45pm—Uchi-komi
8.45pm-10pm—Seniors

On that note, I bid you all farewell. See you all this month! Bexs.



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Welcome to the Official Akitas Judo Clubs

Newsletter

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ANOTHER HUGE MONTH IN THE LIFE OF AKITAS!

Welcome again to yet another Akitas Newsletter. Finding the time to complete this month's edition has not been easy as so much has been going on!

of the junior committee, Chris Chapman, and we look forward to him telling us all about the meeting at the next senior meeting!

Shacho

The same day we also held a seminar with Shacho in the dance studio (we had been displaced due to a huge Table Tennis tournament).



We were all

Junior Committee

We now have a junior committee in place; and after a great first meeting, we look forward to great things! After a lot to get through, the juniors were able to tuck into some food provided by the senior committee—on the proviso that this was the last meeting that Sensei Adam attended!

We now have a chairman



treated to a great session full of stories and the philosophies that started the Akitas clubs back in September 1983 and have been held dear ever since. Thank you Peter!



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Club Membership

As you have all read, the club has decided to begin a membership scheme. This will be £5 per year for a family membership, or £5 each. We hope that this will not make a dent in the family pocket as we use this income to further the facilities that we can offer. If you have any questions please see our Chairman, Richard Quinney. If he is not available, please speak to Sensei Adam, although do bear in mind that he does not have any control over the committee. The £5 membership is due on the start of the financial year, April 1st. Please get this in as soon as possible—membership cards are in production!

Akitas Rayleigh won the battle of the Akitas clubs, with Barling Magna second Southend third. Indeed, only Akitas Rayleigh had the medal haul to fend off the visiting clubs! Here is the extensive list of Akitas medals: Gold medals went to: *Jack Bloomfield, Thomas Bloomfield, Joshua Coverly, Joshua Everett, Steven Eyres, Charlotte*



Newbold & Brian Palombella well done all of you—extremely impressive! Silver medals to: *Joshua Anderson, George Coverly, Julian Esposito, Michael Eyres, Zachary Hughes, Bob Morris, Emily Morris, Patrick Noakes, Lewis Outten, Charlie Patten, Abigail Peppiatt & Owen Stoddart* and bronzes to: *Jacob Barton, Rachel Brown, Jim Butson, Rachel Collom, James Coran, Andrew Moffat, Kyle Burgess, Richard Burgess, Michael Green, George Moffat, Connor Patten, Adam Potton, Michael Teare, Scarlett Wood & Jacob Rudd!*

Not to mention Akitas flying alternative club colours on the day (Falcons), *George Goulding & Joseph Goulding* for Gold and silver respectively, and almost-regular visitors *Charlotte Plane* with her gold and *Michael 'Daddy' Haylett* on his bronze.

Well done everyone!

Lessons were also learnt in regards to timings, whilst much improved, intermediates had an unacceptable wait and will not have this in future.

The Kosen Shiai is also the last competing event we will hold at Rayleigh... with one fighting mat that is! Look out for the ne-waza championships in September when we will have two fighting mats in operation.

13th March

We have previously advertised that the normal Saturday session will not be running due to Rayleigh hosting a Foster group enterprise. We will now be open as usual (a relief to Saturday members that have had a bit of disarray recently!). We will still be running the Self-defence Principals workshop in the



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afternoon, but in the main hall as usual. The Self-defence principals will be based on the Kodokan Goshin Jutsu and Kime-no-Kata's. With such huge interest in the event, we will be looking to organising some more comprehensive courses in the near future, to coin a phrase—watch this space!

Next Grading

It has been pointed out that our next grading falls on Easter Sunday. This will not help those that couldn't make the last grading, so we have decided to move it until the **27th April**. Other weekends in April were looked at, but this is a full month in the National calendar.

National Promotions

Several of us attended our first Dan grading on the 13th February, to test the waters. And those waters are strong! The day was always about gaining experience though, and we all had a good day regardless of lack of points.

Certainly obvious was the fact that our younger 1st Kyu's were fighting men for the first

time; with Akitas' attendance at the next High Wycombe grading expected to be higher, our young guns should have more of an idea of what the are letting themselves in for!

Koka Kids



again be in the next edition of Koka Kids! The latest edition should be



available mid-March, and is jam-packed with the great features that we've come to expect; including a Neil Adams tutorial on his world-famous tai-otoshi!

We also expect to be in the next Matside; so we're starting to get those precious column inches! However, this is something we could still do with more of, so if you have contacts please let us know!

Volunteers

We have previously asked for volunteers, and now have a strong committee in place—but we are still in need of further volunteers. If you have anything that you can offer the club, please just let us know! Of most importance is someone to help find sponsorship and support the clubs PR...

Membership Forms

I'm still waiting the return of some membership forms; please get these to me ASAP as it is preventing the club offering the enhancements we have in place (and some suggested by the junior committee). I'm trying my best single-handedly to compile everything I have, but without these missing forms I will continue to struggle. If