



**Akitas Judo Clubs** 秋柔 柔道 大思

Akitas Southern Judo Club (20381), Southern Leisure and Tennis Centre, Gurney Park, Eastern Avenue SS7 4NP  
 Akitas Barling Magna Judo Club (20624), Barling Magna Parish Hall, 452 Little Waresing Road, Barling Magna SS8 0LN  
 Akitas Rayleigh Judo Club (20618), Rayleigh Leisure Centre, Priory Quays, off Rowdretts Lane, Rayleigh SS6 9NF

[www.akitasjudo.com](http://www.akitasjudo.com)

149 Parkanour Avenue, Thorpe Bay, Essex SS1 3JD ☎07753 820 439



**Akitas Judo Clubs** 秋柔 柔道 大思

Akitas Southern Judo Club (20381), Southern Leisure and Tennis Centre, Gurney Park, Eastern Avenue SS7 4NP  
 Akitas Barling Magna Judo Club (20624), Barling Magna Parish Hall, 452 Little Waresing Road, Barling Magna SS8 0LN  
 Akitas Rayleigh Judo Club (20618), Rayleigh Leisure Centre, Priory Quays, off Rowdretts Lane, Rayleigh SS6 9NF

[www.akitasjudo.com](http://www.akitasjudo.com)

149 Parkanour Avenue, Thorpe Bay, Essex SS1 3JD ☎07753 820 439



Newsletter: Issue 12, February 2010

Newsletter: Issue 12, February 2010

we hope that you enjoy yourselves!

**Sensei's Bit**

**P**hew! What a busy start to the year! I continue to be surprised and thoroughly impressed with the efforts of our players and those involved with the club. The Clubmark presentation was difficult, as I had to let everything go and watch as our Chairman took control. And that he did—exceptionally well!

I was also impressed by the development of our players at the grading. It was a worry that attendance would be low due to the weather (and it did effect some), but we struggled through and the day ended up being as successful as we are starting to get used to! It was particularly pleasing to see our Club Welfare Officer, Natasha Hughes on the mat offering support to the grading officers by asking questions regarding the Spirit of Judo and ensuring that our junior players know that they have the clubs support. Thank you Natasha! As Bexs has already mentioned, we enjoyed last nights belated Christmas Meal—a fantastic evening organised by

Social Secretary extraordinaire Michelle Kenny! Thank you Michelle!  
 A slightly biased mention, but I would like to say how well Bexs did in achieving her Instructors Award—well done! The fact that Caroline attended on her birthday really cannot be understated—Well done Caroline! It did mean that we got to share her Birthday evening with her, and Norwich does supply good Chinese Food!  
 Our coaching support is growing, and so is the club—please spread the word



and push even further!

**Shinjido**

**T**he club visited High Wycombe on the 17th January for Danny Da Costa's Shinjido Seminar. A fantastic Day was had by all, and you should have seen some of the ideas recently at the club—and we will continue in an effort to spread the word. It was also wonderful to meet Kosei Inoue and to see him on the mat. A great Day.

**Purple Belt**

**T**his month's Purple Belt goes to none other than Tasmin Hughes. Tas was one of 5 players to achieve their Kano 9 at the grading. Tas's development has been firmly connected to the growth of Akitas Rayleigh, and so it was of huge satisfaction that she performed as well on the day. Well done Tas!

**That's it!**

**A**nd so, I finish another newsletter. Hope you enjoyed it, and you all have a great



month of Judo in February!  
 Bexs Secretary, Akitas Judo Clubs

**Welcome to the Official  
 Akitas Judo Clubs  
 Newsletter  
 Issue 12, February 2010**

**AKITAS FINALLY ACHIEVE CLUBMARK!**

**W**elcome again to another Akitas Newsletter. An extremely busy month as predicted has kept us all firmly on our toes. Arguably, the biggest thing that happened this month was our Clubmark presentation—and the first time that the club gained some column inches in the local press since Adam took over in 2005.

I haven't

finished looking through the requirements for Silver recognition, but as a club we are concentrating our efforts to apply during the summer.

We endeavour to give every opportunity to our club members as possible, and we are looking at many ways of pushing the club even further for-

tion scheme; we want to provide rather than simply tick boxes.

**Junior Committee**

With these opportunities, our first junior committee meeting will take place on February 20th. Please make this a top priority, as our juniors are the future of the club and as such we want to give them every opportunity to shape their club.

For further details about the initiative, please speak to Chris Chapman at the club, or by email [chris@akitasjudo.com](mailto:chris@akitasjudo.com).

Chris has also setup a Facebook page and is on twitter @AkitasJuniors.

**Clubmark success comes in threes**

**MARTIAL ARTS:** Judo fighters are celebrating this week. The Akitas Judo Clubs gained Clubmark accreditation not once, but three times!  
 Working as a group, the three individual clubs (Akitas Barling Magna, Akitas Rayleigh and Akitas Southern) were awarded their certificates by Mark Francois MP, Cllr Dave Sperring, Cllr Chris Black and Cllr Ron Oatham from the local community and Brian Davies (vice-chairman of the Clubmark portfolios and head coach Adam Hutchins (sensei 3rd dan) for his continued drive and support.

Akitas have a variety of classes at Rayleigh Leisure Centre, Southern Leisure and Tennis Centre and Barling Magna Parish Hall, which can be found at their website, which can be found at [www.akitasjudo.com](http://www.akitasjudo.com) but details of membership and any one interested can call Adam Hutchins on 07720 88240.

Smiles – Members with the certificates and, centre, Brian Davis the vice chairman of the British Judo Association. Picture STEVE O'CONNELL 21/02/10

ward – not just the recogni-



**Akitas Judo Clubs** 秋柔 柔道 大思道

Akitas Southern Judo Club (SJSB) Southern Leisure and Towns Centre, Gatton Park, Eastern Avenue SS7 4NP  
 Akitas Parling Meade Judo Club (SJSB), Parling Meade Parish Hall, 452 Little Waltham Road, Parling Meade SS6 0LN  
 Akitas Rayleigh Judo Club (SJSB), Rayleigh Leisure Centre, Priory Quase, off Rowett's Lane, Rayleigh SS6 9NP

sensei@akitasjudo.com www.akitasjudo.com

149 Parkanaur Avenue, Thorpe Bay, Essex SS1 3JD ☎07753 820 439



**Akitas Judo Clubs** 秋柔 柔道 大思道

Akitas Southern Judo Club (SJSB) Southern Leisure and Towns Centre, Gatton Park, Eastern Avenue SS7 4NP  
 Akitas Parling Meade Judo Club (SJSB), Parling Meade Parish Hall, 452 Little Waltham Road, Parling Meade SS6 0LN  
 Akitas Rayleigh Judo Club (SJSB), Rayleigh Leisure Centre, Priory Quase, off Rowett's Lane, Rayleigh SS6 9NP

sensei@akitasjudo.com www.akitasjudo.com

149 Parkanaur Avenue, Thorpe Bay, Essex SS1 3JD ☎07753 820 439



Newsletter: Issue 12, February 2010

Newsletter: Issue 12, February 2010

## Christmas Meal

I write this after a fantastic evening at the Tandori Parlour in Thundersley. This was only made possible through the efforts of

our achievement. The club supported us throughout this, Adam even taking me all the way to Norfolk! Thank you to everyone. It was particularly poignant for Caroline, who had her Birthday on the Saturday and her BJC (MAC) Dan grade confirmed as a BJA 1st



Michelle Kenny, and a great time was had by all! Please give Michelle any ideas for future events. As we strive to offer you all a full club experience!

Dan on the Sunday! Well done Caroline!

## Instructors

The 17th of January saw myself and Caroline Newbold achieve 'Instructor' status. This means that we are now insured to run classes without the coaches having to be present. This is our first step into our coaching journey—and I am really proud of myself and impressed with Caroline for

## Grading

Despite atrocious weather, the grading went ahead. Frankly, it had to – the next free weekend would be in March and our next grading is on the 4th April anyway! We had an incredible 47 students brave the weather, and managed yet another 100% success rate. Well done all of you—get practicing for April!

## Shacho

On the 20th, after the junior committee meeting, Adam's father, Peter Hutchins, will be running a session in the dance studio at Rayleigh. Peter is a 4th Dan, and the clubs Shacho (or president). It should be a great occasion; we look forward to seeing you there!

## Birthdays

Lots of Birthdays this month! Happy Birthday Tasmin Hughes, James Coran, Ben Warren, Taylor Dennis, Shacho Peter Hutchins, Dawn Haylett (my mummy!), Connor Patten and Adam Potton.



## Coming Up

Lots going on during this month and March, so dates for your diaries: Feb 6th-7th: Technical Dan

Grading, Norwich  
 Feb 13th: National Dan Grading, High Wycombe  
 Feb 20th: Junior committee meeting, followed by Shacho Seminar.  
 Feb 27th: Kosen Shiai—A chance to win some medals!  
 Feb 28th: National Dan Grading, Budokwai.  
 March 6th: Badge Day  
 March 13th: Self-defence principals session  
 March 21st: NHC Mini-teams, High Wycombe  
 March 27th: Essex County Training session, Rayleigh—followed by Essex AGM  
 March 28th: National Dan Grading, Budokwai.

## Annual Membership

You will receive a letter regarding annual membership to Akitas. Please support us with this. Any questions please ask our Chairman, Richard Quinney. In his absence, Sensei Adam will be able to help.

## Councillors

We were fortunate enough to entertain local politicians at our Clubmark Presentation. This was mostly thanks to Michael Hoy, so once again thank you Michael! We also extend our extreme gratitude and thanks to Mark Francois MP, Cllr Dave

Sperring, Cllr Chris Black and Cllr Ron Oatham.

## National Support

Along with local dignitaries, we were extremely happy to also welcome Brian Davies and Stacey Smithson from the BJA. It was hugely gratifying to receive this support from the BJA.

## Dan Grades

February could be a big month for the club in another way. All of our 1st Kyus have the opportunity to grade towards the black belts this month—or at least gain points. Even Sensei Adam will be fighting for his 4th Dan, so I hope as many of them as possible join me in our quest to get rid of our brown belts!

## Membership Forms

I have asked previously, so I do apologise for repeating myself! But! We do need membership forms in. Please ensure that you have completed everything and handed yours in; I will be chasing but that's even more admin work for myself, so please help me!

## Committee Meeting

Our most recent committee meeting was extremely productive. Thankfully I am starting to have some reprieve and have members ready to take away my receptionist duties—thank you all. It was also an opportunity for us to see how merchandise is developing—some of which you will see soon. The committee also strengthened the support for the junior committee, and gave them several powers. Once again though, a plea for more people to get involved—your ideas and thoughts are wanted! Next committee meeting will be 10am on the day of the self-defence principals session at Rayleigh.

## Kosen Shiai

This month we will be hosting another 'Kosen Shiai' event. This will be the first opportunity for many to get their hands on a medal. The idea of 'Kosen Rules' has much artistic license—we are saluting the famous Kosen school of Judo, but basically are just allowing a little more groundwork. We have invited local clubs for the event, but have insured that the main aspect of the day is that of friendship good luck to all who take part, and