



Kano Club

Judo is a safe and dynamic sport which develops co-ordinated movements, fitness and flexibility. In addition to the obvious physical benefits, judo is also an excellent sport for building and improving a player's self-confidence and self-discipline.

An ideal activity for children, judo is safe, it's fun and it builds people.

Kano Club Membership

The Kano Club has been developed by the British Judo Association and if you are aged over five and under eight years then you can join the 'Kano Club'.

When you join the Kano Club you are also joining the British Judo Association.

As a member of the Kano Club you will receive the excellent Kano Club Pack which includes a smart Kano Club membership card and record booklet, 6 sew-on shoulder badges awarded to players for good attendance, a superb coloured poster with space for 12 merit stickers as well as 12 merit stickers. The players will collect each month 1 merit stickers for demonstrating his or her judo skill shown on the sticker to be achieved. The 6 sew-on badges will be collected every 8th day of attending. The sew-on badges will be given out on the mat the night achieved. The smart Kano Club membership card is used to collect stamps each time you attend. The pack that it comes in should be given straight to the club as we use this as a reward system.

Please look at the Akitas Judo Clubs activities document to find out more about the reward system.

Kano Awards

As your judo skills improve your coach will offer you the chance to take part in the Kano Award Scheme.

There are 9 awards to collect and with each award you will receive a colourful badge and certificate.



Akitas Judo Clubs

Akitas Southend Judo Club (3038), Southend Leisure and Tennis Centre, Garen Park, Eastern Avenue SS2 4FA
 Akitas Parling Magna Judo Club (3065), Parling Magna Parish Hall, 432 Little Waresing Road, Parling Magna SS3 0LN
 Akitas Raleigh Judo Club (3068), Raleigh Leisure Centre, Priority Chase, off Rowlett Lane, Raleigh SS6 9NF

sense@akitasjudo.com www.akitasjudo.com

149 Parkanaur Avenue, Thorpe Bay, Essex SS1 3JD ☎07753 820 439



As players progress through the Kano Awards Scheme, they wear different coloured tabs (these are not provided by the BJA but can be obtained from the club) on his or her belt for each award. A copy of the Kano Award Syllabus book is sent to all players with their first Kano Award certificate and badge.

Kano Club Awards have an equivalent in the Junior Mon Grade system. On production of a BJA Junior Membership and record book your BJA Coach can enter your Kano grade equivalent Mon grade into your record book.

Kano Grading Scheme:

Grade	Belt Colour	Mon Grade Equivalent
Kano 1	white belt + 1 yellow tag	1st Mon
Kano 2	white belt + 2 yellow tags	1st Mon
Kano 3	white belt + 3 yellow tags	1st Mon
Kano 4	white belt + 1 green tag	2nd Mon
Kano 5	white belt + 2 green tags	2nd Mon
Kano 6	white belt + 3 green tags	2nd Mon
Kano 7	white belt + 1 blue tags	3rd Mon
Kano 8	white belt + 2 blue tags	3rd Mon
Kano 9	white belt + 3 blue tags	3rd Mon

For the Kano Membership form go to: <http://www.britishjudo.org.uk/pdf/KanoApp.pdf>

OR

For a partly completed Kano Membership form, with the coach's details already completed, please ask at your Club.